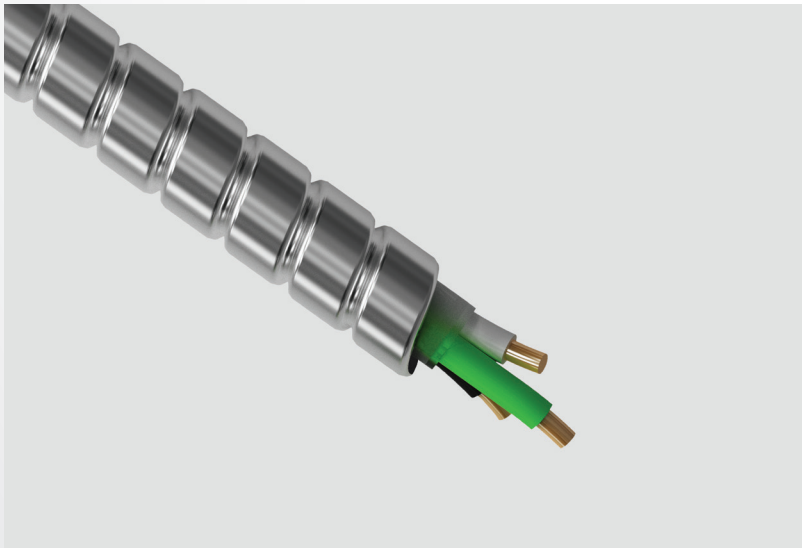


# MC GLIDE™



**STOP PULLING AND START GLIDING  
TO GET THE JOB DONE FASTER.**

There's a new cable in town. It's called MC Glide™, but you'll call it a miracle.  
No more backbreaking pulls. No more damaged studs.  
Just a smoother, faster experience.



## MC Glide™ features:

**Easier pulls.** U.S. Patent Pending armor is designed to reduce friction when pulling cable through metal studs and ceilings.

**No need for new tools.** Works with the same tools and fittings you use with legacy cables.

**Time savings.** MC Glide™ can be pulled in half the time compared to traditional MC cable.

**Cost reduction.** Because MC Glide™ is so much easier, your team can work faster and more efficiently.

**Minimize damage to studs.** Less resistance means you won't bend or knock down studs.



Take the path of least resistance: visit [afcweb.com/mcglide](http://afcweb.com/mcglide)



## We completely rethought the profile of MC Glide™.

It's designed to glide through metal studs and ceilings with ease, without sacrificing flexibility or strength, so you can finish the job in half the time.

### MC Glide™ Lite® Solid Conductor

Product Code		Trade Size	Grounding Conductor AWG	Approx. Weight/ 1000ft (lb)	Approx. Armor O.D. (in)
250' Coil	1000' Reel				
A004-42-00	A004-60-00	12-2 (Black, White)	12-1 (Green)	103.2	0.460
A004-42-01	A004-60-01	12-2 (Brown, Gray)	12-1 (Green)	103.2	0.460
A004-42-02	A004-60-02	12-2 (Orange, Gray)	12-1 (Green)	103.2	0.460
A004-42-03	A004-60-03	12-2 (Yellow, Gray)	12-1 (Green)	103.2	0.460
A004-42-04	A004-60-04	12-2 (Red, White)	12-1 (Green)	103.2	0.460
A004-42-05	A004-60-05	12-2 (Blue, White)	12-1 (Green)	103.2	0.460
A004-42-07	A004-60-07*	12-2 (Purple, Gray)	12-1 (Green)	103.2	0.460
A005-42-00	A005-60-00	12-3 (Black, Red, White)	12-1 (Green)	129.8	0.495
A005-42-01	A005-60-01	12-3 (Brown, Orange, Gray)	12-1 (Green)	129.8	0.495
A005-42-02	A005-60-02	12-3 (Orange, Yellow, Gray)	12-1 (Green)	129.8	0.495
A005-42-03	A005-60-03	12-3 (Brown, Yellow, Gray)	12-1 (Green)	129.8	0.495
A005-42-04	A005-60-04	12-3 (Red, Blue, White)	12-1 (Green)	129.8	0.495
A005-42-05	A005-60-05	12-3 (Black, Blue, White)	12-1 (Green)	129.8	0.495
A005-42-07	A005-60-07*	12-3 (Brown, Purple, Gray)	12-1 (Green)	129.8	0.495

Note: All dimensions and weights are subject to normal manufacturing tolerances. Other conductor colors available by special order.

\* Non-stock items require lead time and minimum quantity order.

Meets UL 1569

U.S. Patent Pending

### MC Glide™ Lite® Stranded Conductor

Product Code		Phase Conductor AWG	Grounding Conductor AWG	Approx. Weight/ 1000ft (lb)	Approx. Armor O.D. (in)
250' Coil	1000' Reel				
A058-42-00	A058-60-00	12-2 (Black, White)	12-1 (Green)	106.4	0.461
A058-42-01	A058-60-01	12-2 (Brown, Gray)	12-1 (Green)	106.4	0.461
A058-42-02	A058-60-02	12-2 (Orange, Gray)	12-1 (Green)	106.4	0.461
A058-42-03	A058-60-03	12-2 (Yellow, Gray)	12-1 (Green)	106.4	0.461
A059-42-00	A059-60-00	12-3 (Black, Red, White)	12-1 (Green)	134.5	0.496
A059-42-01	A059-60-01	12-3 (Brown, Orange, Gray)	12-1 (Green)	134.5	0.496

Note: All dimensions and weights are subject to normal manufacturing tolerances. Other conductor colors available by special order.

Meets UL 1569

U.S. Patent Pending

